

Lunch Menu

Soup & Salads

Soup du Jour 17.00

Organic Butterleaf Lettuce Salad
Mustard-Chive Dressing 20.00

Classic Whole-Leaf Caesar Salad
Baby Romaine Lettuce, Garlic Croutons, Parmesan Cheese,
Anchovies, Lemon, & Creamy Caesar Dressing
21.00

Add Pan-Seared Chicken Breast 10.50

Add Sautéed Black Tiger Prawns 12.50

Ahi Nicoise Salad
Seared Ahi Tuna (rare), Green Beans, Tomatoes, Olives,
Hard Boiled Egg, & Potatoes in a Olive Oil & Balsamic Vinaigrette 30.00

Burgers

The Post Smash Burgers
Two AAA Alberta Beef Patties, Gruyère Cheese, Dusted Onion,
Tomato, Pickle, Iceberg Lettuce, Dijon Aioli,
Fennel Ketchup on a Brioche Bun
Served with Home-made French Fries or House Salad 27.00

Crispy Chicken Burger
Breaded Chicken Thigh, Yuzu pickled Cucumbers, Butterleaf
Salad, Japanese Kewpie Mayonnaise on Brioche Bun
Served with Home-made French Fries or House Salad 25.50

Quinoa & Portobello Burger
Quinoa Patty, Vegan Mayo, Cherry Tomatoes
Portobello Mushroom "Bun",
Served with Home-made French Fries or House Salad 25.00

Main Dishes

Reuben Sandwich with Montreal Smoked Meat

Smoked Montreal-Style Beef Brisket, Mustard, Sauerkraut,
Dill Pickles, House-Made Sourdough Rye

Served with Home-made French Fries or House Salad

28.00

Post Club Sandwich

Toasted Sourdough Bread, grilled Chicken Breast Bacon, Avocado,
Mayonnaise, & Served with Home-made French Fries or House Salad

28.00

Alsatian-Style Flammekueche

Thin-Crust Flatbread with Onions, Crème Fraîche, Bacon,
Topped with Frisée Salad

27.00

Veal Bratwurst

Served with Onion Sauce, Seasonal Vegetables, & Rösti Potato

30.00

Alberta Range-Fed Bison Stroganoff

Tagliatelle, Mushrooms, Gherkin Pickles, & Sour Cream

40.00

Desserts

Coupe Dänemark

Home-made Vanilla Ice Cream with Whipped Cream & Chocolate Sauce

18.00

Pastry Chef's Seasonal Fruit Crumble

Topped with Home-made Vanilla Ice Cream

18.00

Home-made Ice Cream

Vanilla Bean, Dark Espresso or TBD

Per Scoop

5.00

Home-made from the Pastry Cart

Selection of Daily Fruit Pies

12.00

Selection of Daily Cakes

14.00