

Appetizers

Terrine or Pâté of the Day	19.75
Roasted Deep-Sea Scallops with Baby Greens and a Lime-Ginger-Sesame Seed Vinaigrette	22.00
Warm Leek and Goat Cheese Tart Duck Prosciutto, Zucchini, Pine Nuts on Light Crust served with Mixed Greens	19.25

Soups

Soup du Jour	15.75
Chicken Consommé with Vegetable Julienne	18.00
Lobster Bisque with Spinach Lobster Ravioli	19.50

Salads

Baby Romaine with Caesar Dressing	16.00
Warm Duck Leg Confit on Salad Bouquet with Pecans and Grapes, Mushroom Sherry Vinaigrette	21.00
Ahi Niçoise Salad Grilled Ahi Tuna (rare), Green Beans, Tomatoes, Olives Hard Boiled Eggs and Potatoes in Olive Oil and Balsamic Vinaigrette	22.00

Homemade Burgers with choice of Homemade Fries or Salad

Grilled Post Burger Mushrooms and Swiss Gruyère Cheese	19.50
Grilled Salmon Fillet Burger Miso Mayonnaise	25.00
Pita Lamb Burger Lamb Patty in Pita Pocket with Feta Cheese and Tzatziki Sauce	22.00
Quinoa Veggie Burger Raiti Sauce	19.50

Sandwiches

Canadian Back Bacon and White Cheddar Cheese on Sourdough Bread, Dipped in Egg and Grilled served with Roasted Tomato and Sweet Potato Chips	21.50
Post Club Sandwich with Grilled Chicken, Bacon, Avocado and Black Bean Mayonnaise Homemade French Fries	21.50
Calzone Grilled Chicken Breast, Mediterranean Vegetables and Mozzarella baked in Pizza Dough, served with Caesar salad	22.50
Mushroom and Spinach Crêpes with Mixed Greens	21.00

Eggs and Daily Specials

Eggs Benedict with Homemade French Fries	18.50
Omelette topped with Smoked Salmon and Spinach	19.50
Special Salad Creation of the Day	22.00
Pasta of the Day	22.50

Main Dishes

Sautéed Pacific Deep-Sea Scallops on Saffron Risotto	26.50
Veal Bratwurst with Onion Sauce and Rösti Potato	23.50
Grilled Fillet of BC Salmon Dry Vermouth Sauce and Basil Pesto Herb Fingerling Potatoes, French Green Beans	34.50
Veal Osso Bucco "à la Milanese" with House-made Spätzle and Seasonal Vegetables	32.50
Alberta Range-Fed "Heritage Angus" Beef Tenderloin with Mushroom Sauce, Fresh Herb Gnocchi Seasonal Vegetables	41.00