

## **Food items for Hikers & Sightseers to take on their day trip**

**Hiker's Bag – \$18.00 / Includes Fresh Fruit, Trail Mix, and your choice of Wrap**

- Wrap choices:
  - Chicken Caesar & Tomato
  - Roasted Vegetables
  - Tuna Salad
  - Turkey-Bacon-Tomato Ranch
  - Roast Beef-Tomato-Avocado-Horseradish

**Sightseer's Box – \$22.00 / Includes Homemade Chips, Fresh Fruit Salad, Trail Mix, Healthy Juice, and your choice of Wrap**

- Wrap choices:
  - Chicken Caesar & Tomato
  - Roasted Vegetables
  - Tuna Salad
  - Turkey-Bacon-Tomato Ranch
  - Roast Beef-Tomato-Avocado-Horseradish

**Gourmet Picnic Basket (for 2 ppl) – \$95.00 (plus a bottle of our Rosé Wine at an extra cost of \$30.00)**

*(regular wine list also available)*

- Includes a bottle of Sparkling Water, Vegetable Crudit  with Dip & Fresh Fruit
- In addition, choice of one Appetizer, Main course(s), Side dish and Dessert(s)
  - Appetizer choices (for two):
    - Country Pate & bread
    - Gravelax & toast
    - Shrimp Cocktail
    - Steak Tartare & bread
    - Hummus & Pita bread
  - Main Course choices:
    - Half Roasted Chicken (for two)
    - Fish tacos with saut ed fish, salsa, avocado cream, soft tortilla (for two)
    - Cold Steak Sandwich with Artisan Bread, garlic aioli, saut ed onion & mushrooms (for two)
    - Vegetarian Sandwich with Artisan Bread, herbed goat cheese, pickled radish, red & yellow peppers, red onion, Salad, avocado
    - Smoked Salmon Sandwich with Artisan Bread/Baguette, lemon-dill cream cheese, cucumbers, watercress
  - Sides dish choices (for two):
    - Pasta Salad
    - Potato Salad
    - Watermelon-Feta Salad
    - Coleslaw
    - Succotash
  - Dessert choices:
    - Hibiscus Panna Cotta
    - Linzertorte
    - Nanaimo Bar
    - Slice of Fruit Pie

### **Lunch basket options on property – on your patio or around the hotel (12-2pm)**

- **Roasted Vegetable Panini – \$22.00**  
With Basil Pesto, Fontina Cheese & Homemade Chips
- **Prosciutto Cotto Panini – \$24.00**  
With Dijon-Garlic Aioli, Arugula, Provolone Cheese & Homemade Chips
- **Post Hotel Club Sandwich on Toasted Sourdough – \$26.00**  
With Grilled Chicken, Bacon, Avocado, Black Bean Mayonnaise & Homemade Chips
- **Classic Caesar Salad – \$18.50**  
Romaine Lettuce on a creamy Caesar Dressing & Garlic Bread

### **Afternoon food options in the Lounge (2-5:30pm)**

- **Antipasto Plate with Prosciutto, Italian Cured Meats & Cheeses – \$26.00**
- **Hummus with Grilled Pita Bread – \$21.00 add Vegetable Crudité – add \$5.00**
- **Roasted Vegetable Panini with Basil Pesto, Fontina Cheese & Homemade Chips – \$22.00**
- **Prosciutto Cotto Panini with Dijon-Garlic Aioli, Arugula, Provolone Cheese & Chips – \$24.00**
- **Atlantic Smoked Salmon Plate with Cream Cheese – \$24.75**
- **Assorted Cheese Plate – \$22.00**